

Virtual Presentations Available

Looking for a Virtual Presentation for your Meeting?
AARP has seasoned presenters on a variety of topics.

Health and Wellbeing

Brain Health - It's never too late to focus on your brain health! In this session you will learn about the six pillars of brain health, activities that support brain health, and hopefully inspire you to make life changes.

Downsizing and Decluttering: You Can't Take It with You - Having too much stuff can impede people from relocating or getting health care into their homes. This engaging presentation explores why stuff is so important for some people and teaches practical, easy-to-follow tips on downsizing and decluttering. Learn how to get started!

Medicare 101 - This is an overview of the different parts of Medicare, coverage and costs, and choices of Medicare plans.

Social Security - This session explains Social Security benefits, discusses the options for when to claim your retirement benefits, covers implications of working while collecting benefits, and the longevity of Social Security.

Financial Security

Fraud – the ugly side of AI - Artificial Intelligence (AI) is here today and rapidly expanding across society. AI has great potential to improve humanity in medicine, education, research, and global connectivity. AI has an ugly downside which is misinformation, disinformation, and fraud. In the future, we will have great difficulty separating fake from reality. This session is a brief look at AI and the potential for fraud.

Fraud – Cryptocurrency the New Frontier - Cryptocurrency fraud is growing in the digital age. Scammers use methods like phishing, Ponzi schemes, and fake initial offerings to deceive individuals into transferring their digital assets or investing in non-existent projects. *Cryptocurrency scams take the old scams to a new level of sophisticated technology.* Learn more about this emerging threat in this session.

Understanding Your Credit Rating - Do you understand what your credit rating means? Join us and see how credit ratings are determined, and how to improve your score. We also will discuss how to freeze your credit to prevent scammers from getting fraudulent cards in your name. This session is a mixture of information on credit ratings and protecting yourself from fraud.

Dementia and Alzheimer's

Understanding Alzheimer's and Dementia - Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments.

10 Warning Signs - What is normal aging? Identify the early warning signs of Alzheimer's versus typical age-related changes, learn how to approach someone about memory concerns, the importance of early detection, and the benefits of diagnosis.

Health Living for Brain and Body - Information and tips on how to live well. We know that what's good for the heart is good for the brain. Join us to learn science-based recommendations for taking care of our brains and bodies and tips on how to make small changes to build healthier habits.

For more information or to schedule an event, contact Bob Busch at rbusch@aarp.org